



TRAVELERS!!! SNOW BIRDS!!! H-2A Temporary Ag Workers!!!

**Check in to protect
your families and
loved ones**

**Call 406.765.3432.
Leave a message
if necessary!**

- anyone who has been outside the U.S. Within the past two weeks, or
- Anyone who in the past two weeks has traveled from OR THROUGH areas where confirmed cases of COVID19 have been identified



Please **call Sheridan County Public Health** to report that you are now in the county, AND

- 1. You should stay at home.** Try not to go to work, school, or leave your house for 14 days. Discuss your work situation with your employer.
- 2. Monitor your health.** Take your temperature with a thermometer two times a day and monitor for fever (temperature of 100.4°F/38°C or higher). Also watch for cough or trouble breathing.
- 3. Practice social distancing within the home.** Avoid contact with other people for the 14 days. Maintain distance (approximately 6 feet or 2 meters) from family members and others in the home when possible.